

Quality Care. Compassionate Caregivers. Seamless Transitions.

Lahey Health Continuing Care provides the care you need in the setting that's best for you, including your own home. By helping individuals and families feel more comfortable, we help create more successful recoveries and a higher quality of life.

Lahey Health Continuing Care staff includes highly skilled, devoted and trustworthy caregivers who specialize in the full spectrum of health care, from basic care to highly specialized services for managing chronic conditions.

Services include:

Lahey Health at Home

Home Care

978.921.2615

Certified home health for medically necessary services requested by a physician. Provides skilled nursing, physical therapy, occupational therapy, speech therapy, nutritional therapy, medical social work and home health services.

Private Duty Services

978.922.7062 or 800.410.4876

Provides clients care in their own homes and assisted living communities, covering a wide range of needs such as nursing care, personal care, meal preparation, light housekeeping and medication management. Offers specialized home care services for clients with Alzheimer's disease and other memory disorders.

Monitoring Services

978.921.1697

Offers systems that help maintain independence, peace of mind and security at home for individuals and their families.

- **Personal Emergency Response Service** provides access to emergency services 24 hours a day for anyone who lives alone and is at risk for falls, or who is recuperating from an illness or surgery.
- **Personal Medication Dispensing System** provides assistance for those who have trouble remembering, organizing and taking their medications. This system provides verbal reminders and dispenses oral medications.

Palliative Care and Hospice

781.756.2488 or 781.439.6123 (Sawtelle)

Palliative care and hospice programs address the complex needs of patients and their families coping with advanced illness. Services include palliative care, bridge-to-hospice, hospice at home and residential hospice at the Sawtelle Family Hospice House. The unique aspect of our care is that the bridge and hospice programs are coordinated by the hospice team, which assures that patients receive care from a care team with extensive experience and training in managing symptoms. This care team remains the same as patients transition to different levels of care.

"My family and I have never been more impressed with a group of people or an establishment than we were with the folks at Seacoast Nursing & Rehabilitation Center. What amazed me was the constant love and care that was provided every day by the staff to the patients."

Kenneth M.

"Ledgewood is a wonderful place to be while you are recuperating from an injury, operation or illness. From beginning to end, they truly exceeded my expectations."

Gerry M., RN





Assisted Living, Skilled Nursing and Rehabilitation

The Herrick House

978.922.1999

The Herrick House offers seniors independence and companionship in a supportive and safe environment. Located on the campus of Beverly Hospital and surrounded by meticulously landscaped grounds, flower gardens and walking paths, the close-knit senior living community features 86 private apartments with many beautifully appointed common areas for residents to enjoy. The experienced staff includes 24-hour nurses, resident care aides and resident life staff, all of whom work together to meet the needs of each individual resident. The Herrick House also offers a specialized program designed for residents who suffer from cognitive impairment, including those who have been diagnosed with Alzheimer's disease or other memory disorders.

Ledgewood Rehabilitation & Skilled Nursing Center

978.921.1392

Ledgewood Rehabilitation and Skilled Nursing Center is located on the campus of Beverly Hospital and offers superior physician-directed short-term rehabilitation, complex medical care and skilled nursing services. This 123-bed, short-term rehabilitation and skilled nursing center is designed to ensure that patients receive proper care and therapy needed to make a safe transition home.

Seacoast Nursing & Rehabilitation Center

978.283.0300

Located on the campus of Addison Gilbert Hospital, Seacoast Nursing & Rehabilitation offers a friendly and sophisticated setting with an extensive program of short-term rehabilitation and skilled nursing care. This 142-bed, short-term rehabilitation and skilled nursing center also offers compassionate care provided by a certified staff in a secure and therapeutic environment.

Lahey Health Adult Day Services

Spectrum Adult Day Health

978.921.5020 (Beverly) or 978.688.3248 (North Andover)

Spectrum's experienced, caring, multidisciplinary team is uniquely qualified to care for individuals with Alzheimer's disease and other cognitive impairments while helping them maintain their independence and remain in their own homes.

"My siblings and I express our heartfelt gratitude and appreciation for the respectful, loving care the entire staff provided our Dad. We are forever grateful for providing us comfort, security and happiness, knowing that Dad's personal and care needs were being met. He truly viewed The Herrick House as his home."

Karen Crain Cote and Family

"HomeCare made it possible for me to return home. Your services helped me to get stronger and maintain my independence. I am very grateful, as is my family."

Mary T.

"Your private duty services helped make a very difficult situation a little easier. It was always a comfort to know that one of you would be there."

The Adams Family